



Client Intake Form Template

Before beginning services, clients may be asked to complete an intake form to support safe and intentional care.

Suggested Intake Questions:

Basic Information • Full Name • Email • Phone • Emergency Contact

Wellbeing Background • What brings you to this work at this time? • Are you currently working with a therapist, physician, or other healthcare provider? • Are there any physical conditions, injuries, or sensitivities we should be aware of?

Intentions • What are your intentions for these sessions? • Are there particular areas of life you would like support with?

Consent

I understand that holistic sessions are not a substitute for medical or psychological care.

I voluntarily choose to participate in holistic wellness services.

Signature: _____

Date: _____
